

SFGSL RATINGS QUESTIONNAIRE

DEFINITIONS

Definitions for Throwing and Fielding

OCCASIONALLY: to be able to perform the particular skill with some regularity or more often than not. <i>(i.e., the skill can be performed 3 out of 5 times)</i>	CONSISTENTLY: to be able to perform the particular skill with great regularity. <i>(i.e., the skill can be performed 4 out of 5 times)</i>
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Definitions for Base Running

OCCASIONALLY: to be able to perform the particular skill with some regularity or more often than not. <i>(i.e., the skill can be performed 3 out of 5 times)</i>

Definitions for Hitting

OCCASIONALLY: to be able to perform the particular skill with some regularity <i>(i.e., the skill can be performed 2 out of 5 times)</i>	CONSISTENTLY: to be able to perform the particular skill with some regularity or more often than not. <i>(i.e., the skill can be performed 3 out of 5 times)</i>
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THROWING

Questions 1-5 are intended to identify THROWING ability, and have **nothing** to do with the players ability to field the ball.

Questions 1-5 are linked. A player who gets Question #4 automatically gets #1-3.

Question 1
occasionally throw a ball through the air 65 feet or better in the vicinity of another player

YES **NO**

Question 2
Consistently throw a ball through the air 90 feet or better in the vicinity of another player? **OR**

occasionally throw to the proper place turning accurate infield plays against runners with average base running speed?

YES **NO**

BASE RUNNING SPEED DEFINITIONS

1. Below Average Speed – a batter, at the point of contact, being able to run home to first in 5 + seconds or slower.
2. Average Speed – a batter, at the point of contact, being able to run home to first in 4 – 5 seconds.
3. Above Average Speed – a batter, at the point of contact, being able to run home to first in less than 4 seconds or faster.

Question 3

YES

NO

Consistently throw a ball through the air 90 feet or better **without a rainbow arc** in the vicinity of another player? **OR**

consistently throw to the proper place turning accurate infield plays against a runner with **average base running speed**.

RAINBOW ARC DEFINITION

a ball that from the point of release rises vertically 10% or more of the total distance that it travels

Question 4

YES

NO

Consistently throw a ball through the air 90 feet or better **without a rainbow arc** in the vicinity of another player?

Question 5

YES

NO

consistently throw **without a rainbow arc** to the proper place turning accurate infield plays against aggressive runners with **above average speed**? **OR**

consistently make long throws **without a rainbow arc** from the outfield directly and accurately to the proper base completing proper plays against aggressive runners **with above average speed**.

FIELDING		
<p><i>Questions 6-14 are intended to identify FIELDING ability, and have nothing to do with the players ability to throw the ball.</i></p>	<p><i>Questions 6-13 are linked. A player who gets Question #11, for example, automatically gets #6-10</i></p>	<p><i>Questions #14 is not automatically linked to any other questions.</i></p>

<p>Question 6 Occasionally on purpose catch balls that are thrown to the player with a rainbow arc?</p>	YES	NO
<p>Question 7 occasionally on purpose catch balls that are thrown to the player without a rainbow arc?</p>	YES	NO
<p>Question 8 consistently on purpose field <u>slow hit</u> ground balls that are within in a few steps? OR consistently on purpose catch fly balls that are within 15 feet?</p>	YES	NO
<p>Question 9 consistently on purpose field <u>medium hit</u> ground balls that are within in a few steps? OR consistently on purpose catch fly balls that are <u>more than 15 feet away</u>?</p>	YES	NO
<p>Question 10 occasionally on purpose field <u>medium hit</u> ground balls that are in the hole ? OR occasionally on purpose catch fly balls that are <u>more than 30 feet away</u>?</p>	YES	NO
<p>Question 11 consistently on purpose field <u>medium hit</u> ground balls that are in the hole ? OR consistently on purpose catch fly balls that are <u>more than 30 feet away</u>?</p>	YES	NO
<p>Question 12</p>	YES	NO

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<p>occasionally on purpose field <u>hard hit</u> ground balls that are in the hole ? OR</p> <p>occasionally on purpose stop line drives in the gaps from getting by the outfielders?</p>	
<p>Question 13</p> <p>consistently on purpose field <u>hard hit</u> ground balls that are in the hole ? OR</p> <p>consistently on purpose stop line drives in the gaps from getting by the outfielders?</p>	<p>YES NO</p>
<p>Question 14</p> <p>occasionally on purpose make spectacular catches?</p>	<p>YES NO</p>

BASE RUNNING				
<i>Questions 15-18 are linked. A player who gets #17, for example, automatically gets #15 & #16. Rating is to be determined by answering the speed element and one additional element</i>				
	Speed	Base Running Knowledge	Use of Base Coach	
Question #15	Below average speed (>5 seconds to go 70 ft.)	runs past first base, but doesn't run past other bases	does not generally use base coach	YES NO
Question #16	Average speed (4-5 seconds to go 70 ft.)	Gets solid jump start out of the batters box; doesn't lead off; tags up; goes half way to next base on a fly ball; rounds bases with "question mark" technique.	Sometimes utilizes base coach to advance bases	YES NO
Question #17	above average speed (approximately 3-4 seconds to go 70 ft.)	Aggressive jump out of the box, makes a turn at first and goes about half way to second base on an outfield hit; advances on a slightly bobbled ball	uses base coach's directions or has enough awareness of the ball's position to make decisions for him/herself	YES NO
Question #18	Exceptional speed (< 3 seconds to go from	Makes an attempt to turn a routine	willing to take a chance for an	YES NO

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	one base to the next)	base hit into a double on a ball hit to a player who is adept at fielding and throwing	extra base against base coach's advice.	
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HITTING		
<i>Questions 19-27 are intended to be answered based on the outcome – not counting walks – of each completed at bat (whether the batter reaches base or is out on the final pitch of the at bat), not based on the outcome of each swing during an at bat.</i>		
<i>Questions 19-22 are linked. A player who gets Question #22, for example, automatically gets #19-21.</i>		
Question #19 occasionally hit a fair ball?	YES	NO
Question #20 consistently hit a fair ball?	YES	NO
Question #21 occasionally hit a fair ball with at least <u>medium</u> velocity?	YES	NO
Question #22 consistently hit a fair ball with at least medium velocity?	YES	NO

<i>Questions #23-26 are linked. A player who gets Question #26, for example, automatically gets #23-#26, use a Modified On Bas Percentage</i>					
Against	D Division	C Division	B Division	A Division	
Question #23	.800 or better	.600 or better	.400 or better	.100 or better	YES NO
Question #24	.900 or better	.700 or better	.500 or better	.300 or better	YES NO
Question #25	.975 or better	.800 or better	.600 or better	.400 or better	YES NO
Question #26	1.000	.875 or better	.750 or better	.600 or better	YES NO

Question #27 is not connection with Questions 23-26.

Question #27	Occasionally hit a ball over a 300' fence?	YES NO
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